



# 2<sup>ND</sup> ANNUAL SOUTH-CENTRAL COAST HEALTHY AGING CONFERENCE: ENHANCING QUALITY OF LIFE



## LOCATION:

The Mill Casino Hotel & RV Park  
3201 Tremont Street, North Bend, OR

## STAYING THE NIGHT?

Call (800) 953-4800  
for discounted room rates

\*All sessions are free and can be attended individually. Food is provided at no cost. Vegan plates are available upon request.

## Day 1: Wednesday, 9/26

5:30 PM - 7:30 PM

### Pre-Conference Evening Session

#### Naturopathic Alternatives for Pain,

*Bill Walter, ND*

This session will train participants in ways to treat chronic pain with natural products and review evidence for effectiveness, discuss indications, contraindications, adverse effects, and review literature about acupuncture and spinal manipulation.

REGISTER [HERE](#) OR VISIT:

[BillWalter.eventbrite.com](http://BillWalter.eventbrite.com)

## Day 2: Thursday, 9/27

8:00 AM - 4:30 PM

### Conference Sessions

#### Palliative Care, *Harry Krulewitch, MD, MPH*

This presentation includes two 90-minute sessions. (1) What is palliative care, when to consider it and what barriers exist, as well as, techniques for applying a person centered care approach. (2) How to conduct a palliative care conference and elements of support for working with patients and families who are approaching the end of life.

#### Effective Communication Strategies, *Lori Stanton, MA*

This session is designed to provide tips, strategies, and tools for those who are caring for people entering the early stages of dementia thorough the final stages of dementia.

#### Geriatric Syndromes & Self-Neglect, *Nirmala Dhar, LCSW*

This session will address several geriatric syndromes and how to establish and maintain the best possible care, treatments and techniques.

REGISTER [HERE](#) OR VISIT: [SCC\\_HealthyAgingConference.eventbrite.com](http://SCC_HealthyAgingConference.eventbrite.com)

Contact [Leilan.Brewer@co.lane.or.us](mailto:Leilan.Brewer@co.lane.or.us) for more information or to request accommodations due to disability.

## Day 3: Friday, 9/28

8:00 AM - 5:00 PM

#### Mental Health First Aid Training,

*Christopher Eilers, MA, LPC*

This training is aimed at providing information to adults who regularly interact with and care for older adults and have limited clinical training in mental health disorders.

REGISTER [HERE](#) OR VISIT:

[9\\_28MHFA.eventbrite.com](http://9_28MHFA.eventbrite.com)



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## EDUCATION CREDITS



This activity has been planned and implemented in accordance with accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the Joint Providership of Bay Area Hospital and Care Oregon. The Bay Area Hospital is accredited by the ACCME to provide continuing medical education for physicians. Bay Area Hospital is accredited by the Oregon Medical Association to sponsor Category 1 medical education activities for physicians. As an accredited institution, Bay Area Hospital's Medical Education Committee designated this live educational activity for a maximum 8.0 credits AMA PRA Category 1 credit(s)™. Physicians should only claim credit commensurate with the extent of the participation in the activity. Bay Area Hospital fully complies with the legal requirements of the ADA and the rules and regulations thereof. The conference speakers and planners of this event have no relevant financial relationships with commercial interests.